

STARS STRIPES SPIRIT 5K



AMERICAN
LEGION 

• **ARMED FORCES DAY** • **05.17.25** •
GRAY'S LAKE PARK DES MOINES

8:00 REGISTRATION

9:00 WALK/RUN START

\$40 before 04.15.25
\$25 for <18 year olds

5K Walk/Run or 1K Walk
Patriot Costume Awards
Event T-Shirt
Food and Beverages

REGISTER TODAY!
www.starsstripesspirit.com

Celebrating 250 years
SERVING AMERICA